

ST MATTHEWS CARE HOME

REDBOURN, HERTFORDSHIRE



St Matthews is a modern, purpose-built care home for older people, situated in a quiet residential location close to The Common in the picturesque rural village of Redbourn. The home enjoys large private grounds and is a short distance from Harpenden and the historic City of St Albans.



See the quality B&M Care engagement and wellbeing lifestyle for yourself...



T: 01582 792042 | E: stmatthews@bmcare.co.uk | W: www.bmcare.co.uk
St Matthews Care Home, Chequer Lane, Redbourn, Hertfordshire. AL3 7QG





The Care We Offer:

- Fully inclusive, 24hr person centred care by experienced staff
- Long term residential care for older people
- Long term specialist dementia care in a safe, engaging environment under the Rose Model of Dementia Care
- Short stay, respite and holiday breaks (subject to availability).

Facilities:

- 79 en-suite rooms
- TV & telephone points in all rooms
- SKY TV available by arrangement
- Rooms can be personalised
- 24hr call bell system
- Lift
- Assisted bath and shower rooms
- Choice of resident and visitor lounges
- Fully inclusive dining in a choice of dining areas
- Fully inclusive in-house laundry
- Conservatory Lounge
- Cinema
- Gym
- Coffee Shop
- Activities Suite
- Hair and Treatment Salon
- Spa
- Chapel
- Training Room
- Landscaped easy access gardens, patios and courtyards
- Garden Log Cabin and greenhouse
- GP, district nurse, optician, chiropodist, dentist by appointment
- St Matthews transport for trips out.



Dining:

Our skilled chefs regularly create new, varied menus featuring delicious, nutritionally balanced meals. Dining is inclusive to all dietary needs or preferences, and a range of choices is provided. Residents can decide to enjoy their meals in our comfortable dining rooms, or in the privacy of their own room. We ensure refreshments and snacks are always available, 24/7.

Lifestyle and Activities:

We create a safe, stimulating environment where the highest standards of care are provided. Our aim is always to promote, encourage and maintain a resident's independence and quality of life. We facilitate an active, social lifestyle - with community, friends and families always welcome. Our dedicated Engagement Leads organise varied social calendars for events and entertainment, in groups and individually. Every resident experiences meaningful occupation, designed around their personal wishes and preferences.



The Staff:

- Select team of experienced, professional staff
- Our staff training programmes are industry-envied, particularly our expert dementia care training
- Appropriate ratios of staff both day and night
- Emphasis on individually planned care
- Staff are always person centred, advocating for independence and providing 24/7 support.

How To Find Us:

- For satnav use postcode AL3 7QG
- From M1 junction 9, follow A5 towards Hemel Hempstead. Turn right at 2nd roundabout into Chequer Lane.

To Arrange a Viewing or For Further Information:

We have an open door policy and B&M Care invites you to visit the home at any time. If you would like to arrange a viewing at a specific time or require further information please contact us using the details below.

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