



Willowthorpe

Stanstead Abbots, Hertfordshire

Situated in charming and picturesque Stanstead Abbots, 'Hertfordshire's Best Kept Village', Willowthorpe was formerly a private county house. The village is close to Ware and Hoddesden and is just 45 minutes from both London and Cambridge. Set in 5 acres, the home enjoys an exclusive riverside location next to the River Lea. The river attracts an array of wildlife as well as passing leisure craft mooring near the home's quayside. The home offers residential care for the elderly and a specialist environment named 'The Willows' for individuals who are experiencing living with a dementia.

Willowthorpe is accredited with Hertfordshire County Council for their high standards in dementia care.



The country house has been tastefully extended, furnished and equipped to a very high standard to provide accommodation on two levels. There is lift access to all floors. The specialist dementia environment 'the Willows' provides accommodation on one level. Residents have a choice of lounge and dining areas throughout the home and therapeutic assisted bath and shower rooms and a hair salon have also been incorporated. There is easy access for residents to the extensive landscaped grounds and walkways alongside the river, as well as shady, private courtyards.

All 56 rooms at Willowthorpe are offered as single shower en-suite and the extra large rooms in the Country Suite benefit from uninterrupted views of the river and grounds. Residents are encouraged to personalise their rooms to create a sense of home from home, familiarity and belonging.

Residents may take meals in a choice of dining areas or if they wish, in the privacy of their own room. Our skilled resident chef prepares an extensive range of appetising home cooked meals, taking into account nutritional balances and any specific dietary requirements or individual preferences. There is always a choice of menu and refreshments and snacks are available throughout the day.



Life at Willowthorpe is very much home from home and an active lifestyle is encouraged, with friends and relatives always welcome. The activities organiser arranges a varied social calendar of activities and entertainment in groups and on a one to one basis. We ensure that each of our residents receive meaningful occupation tailored to who they are. The home has transport available for trips into the community e.g. supermarket, church, library, pub and social groups. There is a weekly activities programme and monthly entertainment.

Activities at Willowthorpe include:

- Day trips and weekly outings
- Entertainers
- Weekly hairdresser
- Family dining
- Visiting clothes and shoe sales
- Communion services
- Exercise programme
- Links with local community
- Holistic therapy and sensory sessions
- Reminiscence projects
- Regular events e.g. tea parties, garden parties, pub lunches and trips out

Willowthorpe has a select team of experienced, loyal and long term staff who have relevant and appropriate training to meet the needs of the residents. The emphasis of our care delivery is on individually planned person centred care, which builds upon a person's strengths and constantly seeks to improve their quality of life. Freedom and privacy are respectfully maintained, yet help is always on hand.

Willowthorpe specialises in:

- Long term residential care for the elderly
- Long term care for residents experiencing living with a dementia

- Short stay and holiday breaks (subject to availability)

Facilities:

- Accredited dementia environment
- Single shower en-suite bedrooms
- Call bell system for assistance at any time
- Lift and stair lift
- Therapeutic assisted bath and shower rooms
- TV & telephone points available in all bedrooms
- In-house laundry
- Hairdressing salon
- Extensive landscaped easy access gardens, courtyards, patios and walkways
- Choice of lounges
- Mobile library visits
- Residents shop
- GP, district nurse, optician, chiropodist, dentist by arrangement
- Willowthorpe car for trips out

How to find us:

Willowthorpe Care Home, High Street, Stanstead Abbots, Hertfordshire SG12 8AS.

From M25 exit J25 onto A10 and follow signs for Cambridge. Exit A10 for Harlow (A414). At roundabout take 3rd exit and follow signs to Stanstead Abbots on the B181. Go through the level crossing at Stanstead St Margarets and the entrance to Willowthorpe is on your left just after you cross the river.

To arrange a viewing or for further information:

We have an open door policy and B&M Care invites you to visit the home at any time. If you would like to arrange a viewing at a specific time or require further information please contact the home direct.

