



# White Plains

Denham, Buckinghamshire

White Plains is situated just outside the village of Denham in the beautiful Buckinghamshire countryside and a short distance from Uxbridge. Set in eight acres of lovely grounds and overlooking the private and exclusive Denham air field, White Plains is a brand new, purpose built home. The home offers residential care for residents with needs related to old age and a specialist environment for individuals who are experiencing living with a dementia.

The home has been designed over four floors offering residents a choice of lounge areas. An activities room, treatment room, assisted bathrooms, training room/Chapel and hair salon have also been incorporated. There is easy access to the landscaped grounds and walkways.

All rooms at White Plains are single rooms with en-suite shower facilities. Rooms have been decorated and furnished to a very high standard. Residents are encouraged to personalise their rooms with their own belongings.

Residents may take meals in the dining rooms or in the privacy of their own room. Our skilled resident cook prepares an extensive range of appetising and nutritionally balanced meals, taking

into account any specific dietary requirements or individual preferences. There is always a choice of menu and refreshments and snacks and drinks are available 24hrs.

An active lifestyle at White Plains is encouraged, with friends and relatives always welcome. The activities organiser arranges a varied social calendar of appropriate and meaningful activities and entertainment. The 'Friends of White Plains' are a group of volunteers and family members that help to support events and activities.



### Activities at White Plains include:

- Pat dog visits
- Weekly Bar
- Outside entertainment
- Weekly hairdresser
- Family Supper Nights
- Visiting clothes and shoe sales
- Communion Services
- Weekly activities programme
- Regular events e.g. BBQs, Tea Parties, Garden Parties, pub lunches and trips out
- Christmas events

White Plains has a select team of experienced, loyal and long term staff who are trained to meet the needs of residents. The emphasis of our care delivery is on individually planned care, which builds upon a person's strengths and constantly seeks to improve their quality of life. Freedom and privacy are respectfully maintained, yet help is always on hand.



- Hair Salon
- Activities Room
- Treatment Room
- Chapel/Training Room
- Mobile library visits
- Residents' shop
- GP, district nurse, opticians, chiropodists by arrangement
- White Plains car for trips out



### White Plains specialises in:

- Long term residential care for the elderly
- Long term residential care for those experiencing a dementia related condition
- Short stay and holiday breaks (subject to availability)

### Facilities at White Plains:

- Single en-suite shower rooms
- TV, internet and telephone points in all rooms
- Choice of lounge areas
- A selection of specially assisted bathrooms with fully automated baths
- Easy access to beautiful grounds
- In-house laundry

### How to find us

White Plains Care Home, Tilehouse Lane, Denham, Buckinghamshire UB9 5DE.

From exit J17 from the M25, White Plains is situated in Denham Green on the A412 close to Denham Village. Location maps can be downloaded from our website [www.bmcare.co.uk](http://www.bmcare.co.uk) or by contacting the home on 01895 832190.

### To arrange a viewing or for further information

We have an open door policy and B&M Care invites you to visit the home at any time. If you would like to arrange a viewing at a specific time or require further information please contact the home direct.

