



St Lukes Caversham, Berkshire

Situated in the charming Caversham area, close to Reading, St Lukes is built on the site of an historic convent. The home is close to the exclusive village of Emmer Green and the beautiful Thames village of Sonning. St Lukes is in close proximity to a small parade of shops, and Reading town centre is only a short car journey away. The home offers residential care for the elderly and a specialist environment named 'The Oaks' for individuals who are experiencing living with a dementia.

St Lukes is a purpose built care home that has been tastefully furnished and equipped to a very high standard to provide accommodation in three neighbourhoods to suit the differing strengths and abilities of residents. Daffodil and Lilac areas are designed over one level and Oaks is a specialist dementia environment that provides accommodation on two levels. Residents have a choice of lounge and dining areas throughout the home. There is a hair salon, activities/computer room and assisted bath and shower rooms have also been incorporated. There is easy access for residents to the landscaped grounds and walkways as well as shady, private courtyards.

All 75 rooms at St Lukes are offered as en-suites and there is a choice of single or companion rooms.

Residents are encouraged to personalise their rooms to create a sense of home from home, familiarity and belonging.

Residents may take meals in a choice of dining areas or if they wish, in the privacy of their own room. Our skilled resident chef prepares an extensive range of appetising home cooked meals, taking into account nutritional balances and any specific dietary requirements or individual preferences. There is always a choice of menu and refreshments and snacks and drinks are available 24hrs.

Life at St Lukes is very much home from home and an active lifestyle is encouraged, with friends and relatives always welcome. The activities organiser





arranges a varied social calendar of activities and entertainment in groups and on a one to one basis. We ensure that each of our residents receive meaningful occupation tailored to who they are. The home has transport available for trips into the community e.g. supermarket, church, library, pub and social groups. There is a weekly activities programme and monthly entertainment.

Activities at St Lukes include:

- Day trips and weekly outings
- Entertainers
- Weekly hairdresser
- Family dining
- Visiting clothes and shoe sales
- Communion services
- Exercise programme
- Links with local community
- IT classes
- Holistic therapy and sensory sessions
- Reminiscence projects
- Regular events e.g. tea parties, garden parties, pub lunches and trips out

St Lukes has a select team of experienced, loyal and long term staff who have relevant and appropriate training to meet the needs of the residents. The emphasis of our care delivery is on individually planned person centred care, which builds upon a person's strengths and constantly seeks to improve their quality of life. Freedom and privacy are respectfully maintained, yet help is always on hand.

St Lukes specialises in:

- Long term residential care for the elderly
- Long term care for residents experiencing living with a dementia
- Short stay and holiday breaks (subject to availability)

Facilities:

- Single or companion en-suite bedrooms
- Call bell system for assistance at any time
- Lift
- Assisted bath and shower rooms
- TV & telephone points available in all bedrooms
- In-house laundry
- Hairdressing salon
- Extensive landscaped easy access gardens, courtyards, patios and walkways
- Choice of lounges
- Activities Room
- Training room
- Mobile library visits
- Residents shop
- GP, district nurse, optician, chiropodist, dentist by arrangement
- St Lukes car for trips out

How to find us:

St Lukes Care Home, Marshland Square, Emmer Green, Caversham, Berkshire RG4 8RP.

From M4 exit J8 onto A404. Exit J9b onto A4 Bath Road towards Reading. At Charvil roundabout turn right onto B478 to Sonning. At junction turn left onto A4155 Henley Road. At junction turn right onto B481 Peppard Road towards Emmer Green. At next mini roundabout turn left into Evesham Road, then first left into Marshland Square.

To arrange a viewing or for further information:

We have an open door policy and B&M Care invites you to visit the home at any time. If you would like to arrange a viewing at a specific time or require further information please contact the home direct.

