



# St Catharines Care Home

Broxbourne, Hertfordshire

St Catharines is situated in the picturesque town of Broxbourne just a few miles from Hertford. This home boasts award-winning gardens which have won the Broxbourne in Bloom competition for several consecutive years. St Catharines was originally a privately owned detached Victorian home and many of its original features have been retained. The home offers outstanding residential care for the elderly and care for individuals who are experiencing living with a dementia.

The original house has been tastefully extended, furnished and equipped to a very high standard to provide accommodation on three levels. There is lift access to all floors. Residents have a choice of lounge areas and an impressive dining room, conservatory, hair salon, assisted bath and shower rooms have also been incorporated. Residents have easy access to the landscaped private gardens and shady patio areas.

Many of the bespoke rooms at St Catharines are offered as single en-suite and residents are encouraged to personalise their rooms to create a sense of home from home, familiarity and belonging.

Residents may take meals in the delightful dining room or if they wish, in the privacy of their own room. Our skilled resident cook prepares an extensive range of appetising home cooked meals,



taking into account nutritional balances and any specific dietary requirements or individual preferences. There is always a choice of menu with refreshments and snacks available 24hrs.

Life at St Catharines is very much home from home and an active lifestyle is encouraged. Friends and relatives are always welcome. The Activities and Lifestyle Facilitator arranges a varied social calendar of activities and entertainment in groups and on a one to one basis. We ensure that each of our residents receive meaningful occupation tailored to who they are. There is a weekly activities programme and monthly entertainment. The home has transport available for trips into the community and beyond e.g. supermarket, church, library, pub and social groups.



### Activities available at St Catharines include:

- Day trips and weekly outings
- Entertainers
- Weekly hairdresser
- Family dining
- Visiting clothes and shoe sales
- Communion services
- Exercise programme with trained professional
- Links with local community
- Holistic therapy and sensory sessions
- Reminiscence projects
- Regular events e.g. tea parties, garden parties, pub lunches and trips out

St Catharines has a select team of experienced and loyal long term staff who have relevant and appropriate training to meet the needs of all our residents. The emphasis of our care delivery is on individually planned care, which builds upon a person's strengths and constantly seeks to improve their quality of life. Freedom and privacy are respectfully maintained, yet help is always on hand.

### St Catharines specialises in:

- Long term residential care for the elderly
- Long term care for residents experiencing living with a dementia
- Short stay and holiday breaks (subject to availability)

### Facilities at St Catharines:

- Single en-suite bedrooms available
- Call bell system for assistance at any time
- Lift
- Assisted bath and shower rooms
- TV & telephone points available in all bedrooms
- In-house laundry
- Hairdressing salon
- Easy access to private gardens and patio areas
- Choice of lounges
- Conservatory
- GP, district nurse, optician, chiropodist, dentist by arrangement
- St Catharines car for trips out

### How to find us:

St Catharines Care Home, 24 St Catharines Road, Broxbourne, Hertfordshire EN10 7LE.

From M25 exit J25 and follow A10 North. Exit at A1170 junction and go right at next roundabout following A1170 towards Broxbourne. Stay on the A1170 through Turnford and Wormley and then into Broxbourne High Road. At the junction for Nazing continue straight over traffic lights and take 3rd turning on your right, St Catharines Road. Follow road around the right hand bend and St Catharines Care Home is on your left.

### To arrange a viewing or for further information:

We have an open door policy and B&M Care invites you to visit the home at any time. If you would like to arrange a viewing at a specific time or require further information please contact the home direct.

