



St Anns Care Home

Kettering, Northants

St Anns is ideally situated in a quiet residential street in the centre of the Northamptonshire town of Kettering, very close to all major amenities. Nearby are many shops, restaurants and places of interest as well as bus and rail connections. St Anns is a purpose built care home set in private gardens with outstanding views over the surrounding countryside. The home offers outstanding residential care for the elderly and care for individuals who are experiencing living with a dementia.

The home has been designed over two floors and furnished and equipped to a very high standard to provide accommodation in two separate environments to suit the differing strengths and abilities of residents. The top floor at St Anns provides residential care and the ground floor is a specialist dementia environment for individuals living with the various stages of a dementia. There is lift access to all floors. Residents have a choice of lounge and dining areas throughout the home and a hair salon, assisted bath and shower rooms have also been incorporated. Residents have easy access to the landscaped private gardens and shady patio areas.

Many of the rooms at St Anns are offered as single en-suite and residents are encouraged to personalise their rooms to create a sense of home from home, familiarity and belonging.



Residents may take meals in a choice of dining areas or if they wish, in the privacy of their own room. Our skilled resident cook prepares an extensive range of appetising home cooked meals, taking into account nutritional balances and any specific dietary requirements or individual preferences. There is always a choice of menu with refreshments and snacks available 24hrs.

Life at St Anns is very much home from home and an active lifestyle is encouraged. Friends and relatives are always welcome. The Activities and Lifestyle Facilitator arranges a varied social calendar of activities and entertainment in groups and on a one to one basis. We ensure that each of our residents



receive meaningful occupation tailored to who they are. There is a weekly activities programme and monthly entertainment. The home has transport available for trips into the community and beyond e.g. supermarket, church, library, pub and social groups.

Activities at St Anns could include:

- Day trips and weekly outings
- Entertainers
- Weekly hairdresser
- Family dining
- Visiting clothes and shoe sales
- Communion services
- Exercise programme with trained professional
- Links with local community
- Holistic therapy and sensory sessions
- Reminiscence projects
- Regular events e.g. tea parties, garden parties, pub lunches and trips out

St Anns has a select team of experienced and loyal long term staff who have relevant and appropriate training to meet the needs of all our residents. The emphasis of our care delivery is on individually planned care, which builds upon a person's strengths and constantly seeks to improve their quality of life. Freedom and privacy are respectfully maintained, yet help is always on hand.

St Anns specialises in:

- Long term residential care for the elderly
- Long term care for residents experiencing living with a dementia
- Short stay and holiday breaks (subject to availability)

Facilities at St Anns:

- Specialist dementia environment
- Single en-suite bedrooms available
- Call bell system for assistance at any time
- Lift
- Assisted bath and shower rooms
- TV & telephone points available in all bedrooms
- In-house laundry
- Hairdressing salon
- Easy access to private gardens and patio areas
- Choice of lounges
- Mobile library visits
- Residents shop
- GP, district nurse, optician, chiropodist, dentist by arrangement
- St Anns car for trips out

How to find us:

St Anns Care Home, 12 The Crescent, Kettering, Northamptonshire NN15 7HW

From M1 exit J15 and take A45 towards Northampton following signs for Billing. Exit at the Lumbertubs Interchange, branch left and take the first exit on the A43. Follow A43 all the way to Kettering. At roundabout follow A6013 Northampton Road over two roundabouts and then under railway bridge. At double roundabout turn right into Northfield Avenue, immediately left onto Station Road and then right into Queensbury Road. Take next right into The Crescent and St Anns is immediately on your right.

To arrange a viewing or for further information:

We have an open door policy and B&M Care invites you to visit the home at any time. If you would like to arrange a viewing at a specific time or require further information please contact the home direct.

