



Lakeside Reading, Berkshire

Situated in the exclusive residential Whiteknights Road, close to Reading City Centre, Lakeside is an impressive, traditional style building. The home enjoys outstanding views across the beautiful nature reserve of Whiteknights Lake and is close to the University Campus and all major amenities including bus links. The home offers residential care for the elderly and a specialist environment for individuals who are experiencing living with a dementia.

Lakeside is a purpose built care home that has been tastefully furnished and equipped to a very high standard to provide accommodation on four levels, serviced by two lifts. The home offers lounge and dining areas on each floor. A hair salon, activities room and assisted bath and shower rooms have also been incorporated. There is easy access for residents to the landscaped grounds, courtyards and walkways.

All 64 rooms at Lakeside are offered as single en-suite shower rooms and residents are encouraged to personalise their rooms to create a sense of home from home, familiarity and belonging.

Residents may take meals in the dining rooms or if they wish, in the privacy of their own room. Our skilled resident chef prepares an extensive



range of appetising home cooked meals, taking into account nutritional balances and any specific dietary requirements or individual preferences. There is always a choice of menu and refreshments and snacks and drinks are available 24hrs.

Life at Lakeside is very much home from home and an active lifestyle is encouraged, with friends and relatives always welcome. The activities organiser arranges a varied social calendar of activities and entertainment in groups and on a one to one basis. We ensure that each of our residents receive meaningful occupation tailored to who they are. The home has transport available for trips into the community e.g. supermarket, church, library, pub and social groups. There is a weekly activities programme and monthly entertainment.



Activities at Lakeside include:

- Day trips and outings
- Entertainers
- Weekly hairdresser
- Family dining
- Visiting clothes and shoe sales
- Communion services
- Exercise programme
- Links with local community
- IT classes
- Holistic therapy and sensory sessions
- Reminiscence projects
- Regular events e.g. tea parties, garden parties, pub lunches and trips out

Lakeside has a select team of experienced staff, who have relevant and appropriate training to meet the needs of the residents. The emphasis of our care delivery is on individually planned person centred care, which builds upon a person's strengths and constantly seeks to improve their quality of life. Freedom and privacy are respectfully maintained, yet help is always on hand.

Lakeside specialises in:

- Long term residential care for the elderly
- Long term care for residents experiencing living with a dementia
- Short stay and holiday breaks (subject to availability)

Facilities:

- Single shower en-suite bedrooms
- Call bell system for assistance at any time
- 2 Lifts
- Assisted bath and shower rooms

- TV, telephone and internet points in all bedrooms
- In-house laundry
- Hairdressing salon
- Extensive landscaped easy access gardens, patios and walkways
- Choice of lounges
- Activities Room
- Training room
- Mobile library visits
- Residents shop
- GP, district nurse, optician, chiropodist, dentist by arrangement
- Lakeside car for trips out
- Garden Room
- Chapel
- Tea & Coffee making facilities on every floor

How to find us:

Lakeside Care Home, 25 Whiteknights Road, Reading, Berkshire RG6 7BY

From M4 exist J10 onto A329. Take Earley exist slip road and keep right. At roundabout take 2nd left onto Wharfdale Road. Keep left lane and turn left. Again stay left and take slip approaching roundabout in the right lane. Go right around the roundabout taking A329 Reading Road exit. Follow A329 Wokingham Road for 2 miles. Turn left onto Wilderness Road and at the mini roundabout turn right onto Whiteknights Road.

To arrange a viewing or for further information:

We have an open door policy and B&M Care invites you to visit the home at any time. If you would like to arrange a viewing at a specific time or require further information contact 01442 236020.

