



Ashlyns

Berkhamsted, Hertfordshire

Ashlyns is ideally situated in 13 acres of parklands within the historic Ashlyns Hall Estate in Berkhamsted. It is a short distance from Berkhamsted town centre, where there are many different shops and places of interest. The home is also close to the countryside – the beautiful National Trust woodland area of the Ashridge Estate is only a short car journey away. The home offers residential care for residents with needs related to old age and a specialist environment for people who experience dementia.

Ashlyns is an award winning, purpose built home that has been designed on one level offering residents a choice of dining and lounge areas. An activities room, conservatory, assisted bathrooms, training room and hair salon have also been incorporated. The home is furnished and equipped to a very high standard. There is easy access to the landscaped grounds, greenhouse and walkways.

All 58 rooms at Ashlyns are offered as single ensuite. Residents are encouraged to personalise their rooms to create a sense of home from home, familiarity and belonging.

Residents may take meals in a choice of dining areas or if they wish, in the privacy of their own room. Our skilled resident chef prepares an extensive range of appetising home cooked meals, taking into account nutritional balances and any specific dietary requirements or individual preferences. There is always a choice of menu and refreshments and snacks are available throughout the day.

An active lifestyle at Ashlyns is encouraged, with friends and relatives always welcome. The activities organisers arrange a varied social calendar of appropriate and meaningful activities





and entertainment. It is important to us that residents retain their community links and continue doing the things that they did when they lived at home. The home has transport available for trips into the community e.g. supermarket, church, library and social groups. There is a weekly activities programme and monthly entertainment.

Activities at Ashlyns include:

- House pets
- Daily bar
- Day trips and weekly outings
- Entertainers
- Weekly hairdresser
- Family restaurant evenings
- Visiting clothes and shoe sales
- Communion services
- Exercise classes
- Links with local schools
- Reflexology
- Gardening club and greenhouse

Ashlyns has a select team of experienced, loyal and long term staff who are trained to meet the needs of residents. The emphasis of our care delivery is on individually planned care, which builds upon a person's strengths and constantly seeks to improve their quality of life. Freedom and privacy are respectfully maintained, yet help is always on hand.

Ashlyns specialises in:

- Long term residential care for the elderly
- Long term care for residents experiencing a dementia
- Short stay and holiday breaks (subject to availability)

Facilities:

- Call bell system for assistance at any time
- Single en-suite bedrooms
- Selection of assisted bathroom including whirlpool bath
- TV & telephone points in all bedrooms
- In-house laundry
- Hairdressing salon
- Beautifully landscaped easy access gardens, patios and courtyards
- Greenhouses
- Choice of lounges
- Activities room
- Training Room
- Mobile library
- Residents' shop
- GP, district nurse, optician, chiropodist by arrangement
- Ashlyns car for trips out

How to find us:

Ashlyns Care Home, Chesham Road, Berkhamsted, Hertfordshire HP4 2ST

From M25, exit junction 20, take A41 towards Aylesbury. Exit at A416 signposted Chesham. Turn left towards Berkhamsted and at the roundabout go straight over. Ashlyns Hall Estate is immediately on your right.

To arrange a viewing or for further information

We have an open door policy and B&M Care invites you to visit the home at any time. If you would like to arrange a viewing at a specific time or require further information please contact the home direct.

