



St Andrews Care Home Welwyn, Hertfordshire

Set within two acres of beautiful landscaped grounds, St Andrews is conveniently situated between Old Welwyn and Welwyn Garden City with all its major amenities. The home also enjoys spectacular views over Welwyn Garden City golf course and offers easy access to the A1. This purpose built home offers residential care for the elderly as well as specialist environments named Conwy House and Winsor House for individuals who are experiencing living with a dementia.

St Andrews Care Home is accredited with Hertfordshire County Council for their high standards in dementia care.

St Andrews has been totally built for purpose as an outstanding care home and is furnished and equipped to a very high standard to provide accommodation on three levels. There is lift access to all floors. Residents have a choice of lounge and dining areas throughout the home including a period Cosy Snug and Scullery. A hair salon, training room, activities room and assisted bath and shower rooms have also been incorporated. There is easy access for residents to the extensive private gardens and shady courtyard garden and patio areas.

All 70 rooms at St Andrews are offered as single en-suite and residents are encouraged to personalise



their rooms to create a sense of home from home, familiarity and belonging.

Residents may take meals in a choice of dining areas or if they wish, in the privacy of their own room. Our skilled resident cook prepares an extensive range of appetising home cooked meals, taking into account nutritional balances and any specific dietary requirements or individual preferences. There is always a choice of menu and refreshments and snacks are available 24hrs.

Life at St Andrews is very much home from home and an active lifestyle is encouraged, with friends and relatives always welcome. The Activities and Lifestyle Facilitators arrange a varied social calendar of activities and entertainment in groups and on

a one to one basis. We ensure that each of our residents receive meaningful occupation tailored to who they are. There is a weekly activities programme and monthly entertainment. The home has transport available for trips into the community e.g. supermarket, church, library, pub and social groups.

Activities at St Andrews include:

- Day trips and weekly outings
- Gardening Club
- Entertainers
- Weekly hairdresser
- Family dining
- Visiting clothes and shoe sales
- Communion services
- Exercise programme with trained professional
- Links with local community
- Holistic therapy and sensory sessions
- Reminiscence projects
- Regular events e.g. tea parties, garden parties, pub lunches and trips out

St Andrews has a select team of experienced, loyal and long term staff who have relevant and appropriate training to meet the needs of the residents. The emphasis of our care delivery is on individually planned care, which builds upon a person's strengths and constantly seeks to improve their quality of life. Freedom and privacy are respectfully maintained, yet help is always on hand.

St Andrews specialises in:

- Long term residential care for the elderly
- Long term care for residents experiencing living with a dementia
- Short stay and holiday breaks (subject to availability)

Facilities:

- Conwy and Winsor House, award winning specialist dementia environments
- Single en-suite bedrooms
- Call bell system for assistance at any time
- Lift and stair lift
- Assisted bath and shower rooms
- TV & telephone points available in all bedrooms
- In-house laundry
- Hairdressing salon

- Period style Scullery
- Cosy Snug
- Easy access courtyard garden and private patio
- Choice of lounges
- Activities Room
- Mobile library visits
- Residents shop
- GP, district nurse, optician, chiropodist, dentist by arrangement
- St Andrews car for trips out

How to find us:

St Andrews Care Home, Great North Road, Welwyn Garden City, Hertfordshire. AL8 7SR

From the North: A1 exit J6, left at roundabout onto B197 Digswell Hill into Great North Road. St Andrews will appear on your left side after approximately 2.5km.

From South: A1 exit J4, right off sliproad roundabout, at lights turn left onto A6129. At next roundabout turn left under A1 and then right at next roundabout taking B197, Great North Road. At next roundabout turn right under A1 and left at next roundabout still following Great North Road. St Andrews will appear on your right hand side.

To arrange a viewing or for further information:

We have an open door policy and B&M Care invites you to visit the home at any time. If you would like to arrange a viewing at a specific time or require further information please contact the home direct.

