



# Montrose Watford, Herts.

*Situated in a quiet residential road in the exclusive Nascot Wood area, Montrose is an impressive purpose-built traditional style care home. The home is within easy reach of the town centre and close to the beautiful Cassiobury parklands and Whippendell Woods.*





- Emphasis on individually planned care
- Freedom and privacy are respectfully maintained.

#### How to find us:

- Download a map from our website [www.bmcare.co.uk](http://www.bmcare.co.uk)
- For satnav use postcode WD17 4PE
- From M25, exit J19 onto A411 Hempstead Road and follow for 2km towards Watford, taking a left turn onto Langley Road. The road bears right around a bend and Montrose will appear on your right.

#### To arrange a viewing or for further information:

We have an open door policy and B&M Care invites you to visit the home at any time. If you would like to arrange a viewing at a specific time or require further information please contact us using the details below.

#### The care we offer:

- Fully inclusive, 24hr person centred care by experienced staff
- Long term residential care for the elderly
- Long term specialist dementia care in a safe, comfortable, environment
- Short stay, respite and holiday breaks (subject to availability).

#### Facilities:

- 50 shower en-suite rooms
- TV points in all rooms
- Telephone, internet & SKY TV available by arrangement
- Rooms can be personalised
- Call bell system for assistance at any time
- Two lifts
- Assisted bath and shower rooms
- Choice of resident and visitor lounges
- Garden conservatory lounge
- Chapel/Function Room
- Fully inclusive dining in a choice of dining areas
- Fully inclusive in-house laundry
- Hair and Treatment Salon
- Activities Suite
- Easy access to private landscaped garden, with gazebos and patio areas
- GP, district nurse, optician, chiropodist, dentist by appointment
- Montrose car transport for trips out.

#### Dining:

Dining is inclusive and people may take meals in a choice of dining rooms or if they wish, in the privacy of their own room. Family dining is available by arrangement. A skilled chef prepares an extensive range of appetising and nutritionally balanced meals, taking into account any specific dietary requirements or individual preferences. A choice of menu is available with refreshments and snacks available 24hrs.

#### Lifestyle and Activities:

Our aim is to provide a safe stimulating environment, providing the highest standards of care to promote, encourage and maintain daily living skills and quality of life. An active lifestyle is encouraged, with friends and families always welcome. An Activities Facilitator arranges a varied social calendar of events and entertainment in groups and on a one to one basis. Every person experiences meaningful occupation tailored to who they are.

#### The Staff:

- Select team of experienced staff
- B&M Care has one of the most envied staff training programmes in the industry
- Appropriate ratios of staff both day and night

